

Venus Spa 



CUISINART RESORT & SPA • ANGUILLA



*Bathed in the elements of sun, sea, wind and earth,
your passage to rejuvenation has begun with
the sophistication and elegance of the Venus Spa.
Elegantly appointed treatment rooms and a diverse menu
of services incorporate a beautiful, tranquil setting,
fresh and organic ingredients, healing waters
and cutting-edge techniques.*



GENERAL INFORMATION

Hours of Operation

Treatments: 9am – 6pm daily

Fitness Center: 6am – 8pm daily

Hours may vary. Please call the Venus Spa reception desk for verification.

General Information

- ❌ Spa guests are required to be a minimum of 16 years of age. For guests under 16 years of age, please ask about our spa services for teens.
- ❌ Spa Reservations – We recommend scheduling spa appointments prior to arrival to better accommodate preferred times. For non-hotel guests, a credit card number is required at the time you book your treatments.
- ❌ Cancellation Policy – Spa treatments are reserved specially for you. Please notify us 24 hours before your scheduled appointment if you need to cancel or reschedule to avoid being charged 50% of the service. No-shows will be charged 100% of the service fee.
- ❌ Venus Spa Gift Certificates are available.
- ❌ Visit our Spa Boutique for lifestyle products.

Enjoy Your Spa Experience

How do I select the right treatment?

Our professional spa staff will assist you in determining which spa treatments will meet your needs to ensure a relaxing and enjoyable experience.

When should I arrive for my treatments?

We recommend you arrive 30 minutes prior to your first appointment. This will allow you time to change into your spa robe and sandals and become familiar with the facility and amenities.

What if I'm late for my appointment?

Arriving late will limit the time allotted for your treatment. Your treatment will end on time so that the next guest will not be delayed. The full value of your treatment will apply.

What should I wear to the Spa?

You may wear whatever is comfortable. A robe and sandals will be provided for your treatment.

What should I wear for my treatment?

Most spa treatments are enjoyed without clothing; however, you may wear whatever is comfortable for you. Our professional staff is trained to drape towels or sheets discreetly to protect your privacy at all times.

What about jewelry?

We advise you to remove all your jewelry prior to arriving at the Spa.

Should I shave before a treatment?

Shaving is not recommended prior to any body treatments or waxing services.

Should I leave a gratuity?

Gratuities are not included in spa service prices. Gratuities are at your discretion based on your level of satisfaction.

Quiet Consideration

Our spa environment is one of tranquility and relaxation; please extend quiet consideration to other guests and respect their privacy. We request that all cell phones be turned off in the Spa.

Fresh Ingredients



Harvested daily from CuisinArt's true hydroponic farm, the allure of our Fresh Escape services is not to be missed! As fresh as our cuisine, Venus Spa's fresh treatments are a culture to embrace.

MASSAGE ESCAPES

The Anguillian Massage 50/80 min – \$145/195

A customized treatment involving several modalities of massage. The Anguillian is designed for you, the individual. It is an original healing experience.

Warmed Seashell Massage

50/80 min – \$140/190

Capture the spirit of the islands with a heated seashell massage and experience total relaxation. Classic massage techniques combined with heated seashells create a warming, therapeutic treatment unlike any other.

Caribbean Warm Stone Massage

50/80 min – \$140/190

Warmed sea stones soothe aches and pains while promoting circulation and deep relaxation.

Exotic Essence Aromatherapy Massage

25/50/80 min – \$75/130/180

This aromatherapy massage integrates the ancient art of using essential oils from plants, flowers and herbs to balance and restore the natural energy of the body. A custom blend is selected to create a unique healing massage. The ideal massage to restore harmony and balance.

Classic Relaxation Massage

25/50/80 min – \$75/125/175

Ease away tension and soothe tired, sore muscles with this traditional Swedish five fundamental flowing techniques massage.

Deep Tissue Massage

25/50/80 min – \$80/135/185

Deep and focused movements incorporate Swedish, lymphatic and deep tissue techniques to reach down into the tissue where hidden tension may lie. Deep tissue massage is perfect for those under stress. Range of motion will improve along with relief from muscle pain associated with stressed muscles due to athletic activities.

Expectant Mother Massage 50 min – \$125

This massage is customized for the mother-to-be. The therapist will focus on areas of concern that are associated with pregnancy. Please note: Treatment can be given in second and third trimesters only.

Couples Massage

50/80 min – \$260/370

Enjoy a massage together in a romantic setting created especially for you.



FACIAL ESCAPES

Repêchage® Facial Escapes – All facials include scalp, neck, and décolleté, as well as a deep penetrating hand treatment.

Four Layer Facial 50 min – \$125

This treatment is perfect for dry to combination skin types. Gentle exfoliation, extractions and stimulating massage are incorporated to deeply cleanse the skin. Pure marine extracts, rich in minerals, vitamins and proteins, rebalance the skin.

Hydra Dew™ Facial 50 min – \$115

Re-establishes hydration and helps combat fine lines and environmental aggressors. The amino acid palmitoyl proline, B vitamins and minerals boost moisture content and deliver maximum results.

European Seaweed Facial 50 min – \$115

This after-sun facial for all skin types is cooling and calming, while gently nourishing and hydrating the skin.

Vita Cura™ Age-Defying Facial 50 min – \$120

An anti-aging facial that provides advanced skin repair. A true alternative for erasing wrinkles and restoring skin to a youthful appearance. A Restoring Eye and Lip Collagen treatment can be added to enhance this facial.

Opti-Firm Eye Treatment 25 min – \$65

Fortified with advanced marine proteins, this formula helps to increase skin firmness and diminish lines and wrinkles around the delicate eye area.

Back Cleansing Facial 25 min – \$95

A deep cleansing treatment for your back involving exfoliation and extractions. This treatment is perfect for those suffering from blemishes and acne breakouts.

Arguillian Deluxe Facial 80 min – \$185

This luxurious facial treatment is customized to your skin's unique needs. Our knowledgeable estheticians will analyze your skin and design a facial that will revitalize and hydrate, leaving your skin refreshed.

Gentlemen's Facial 50 min – \$125

A rebalancing, deep-cleansing facial that purifies, tones and protects the skin. Special ingredients help reduce razor burn, irritation and ingrown hairs. A neck, scalp and shoulder massage leaves you feeling refreshed.

Gentlemen's Hot Towel Shave 25 min – \$95

For the ultimate indulgence, experience our modern version of the traditional barber-style hot towel shave.

Gentlemen's Facial & Hot Towel Shave 80 min – \$175

This treatment is a combination of a cleansing facial with the traditional use of hot towels for a luxurious shaving experience. Specially selected skin care products will improve the skin's appearance and provide a close shave.

Add on Services – for 50-minute facial and massage services

Eye Refresher, Lip Treatment, Deep Penetrating Hand Treatment,* or Deep Penetrating Foot Treatment \$25
Eye & Lip Refresher \$45

*The Deep Penetrating Hand Treatment is included in every facial service.





SEA ESCAPES

Our invigorating hydrotherapy treatments stimulate your muscles and revitalize, rebalance or just relax your body. Hydrotherapy treatments are performed in a specialized state-of-the-art hydrotherapy tub.

Floral Escape Soothing Bath 45 min – \$110

An aromatic healing bath of custom-blended essential oils and fresh floral petals helps soothe the tired traveler. A moisturizer application completes this treatment.

Caribbean Seaweed Bath 45 min – \$110

Utilizing seaweed and hydro massage with a therapeutic tub unlike any other, feel the body melt as layer below layer of tension is dissolved. A moisturizer application complements this relaxing bath.

Vita Cura™ Scrub & Bath 50 min – \$120

This treatment begins with a warm sea salt scrub to exfoliate and remove excess dry skin. After showering, you soak away any residual stress in our hydrotherapy tub filled with enriched seaweed to nourish and soothe the body. A moisturizer application completes this treatment.

Restoring Milk & Honey Bath 45 min – \$110

This lavish bath harnesses the essential nutrients from milk and honey to cleanse, nourish, and moisturize the skin. A moisturizer application completes this relaxing bath.

SPECIALTY TREATMENTS

Thai Massage

50 min – \$135

Gentle rocking, rhythmic pressure and assisted stretching revitalize the body and mind. Please wear loose, comfortable clothing.

The Art of Couples Massage

50 min – \$145

Learn the art of healing through touch. Massage increases circulation, relaxes tired muscles and soothes the spirit. The perfect opportunity for couples to grow closer while acquiring a skill that will enhance any relationship.

Reflexology

50 min – \$125

Ancient pressure point techniques are used on the feet to ease pain and promote circulation and deep relaxation. Not recommended during pregnancy.

Reiki

50 min – \$125

The ancient Japanese practice of using gentle, focused, hands-on touch to channel life force energy to the recipient. It is a subtle yet powerful method of natural healing.

Cranio Sacral

50 min – \$125

This gentle yet powerful holistic treatment involves light techniques applied along the cerebral spinal pathway to balance and open the channel to maintaining body harmony.

Fabulous Face & Feet

50 min – \$230

Combine the luxury of one of our signature facials with the relaxation of reflexology. Complete healing in half the time. Perfect for those who are reluctant to miss out on valuable beach time but understand the spa is an essential part of the vacation experience.

Express Face & Hand

50 min – \$165

Enjoy a facial and manicure without having to give up valuable beach time. This treatment is designed for the guest who likes to make the most out of every day.

Vita Cura™ Cellulite Treatment

50 min – \$125

This treatment is designed to target specific problem areas. Exfoliation and vigorous massage, along with a specially formulated cream, help to increase firmness and decrease the appearance of cellulite.

Gentlemen's Rendezvous

80 min – \$185

Perfect for the busy executive. This relaxing treatment includes a hydrating skin facial, deep conditioning scalp treatment and a classic massage.

Ladies' Pampering Package

80 min – \$185

No island getaway is complete until you've pampered yourself. This relaxing treatment includes a hydrating skin facial, deep conditioning scalp treatment and a classic massage.



BODY ESCAPES

Scrubs

The Tropical Rain Vichy Shower – may be added to your scrub as an upgrade for maximum benefit for an additional \$25.

Fresh Scrub Bar 50 min – \$115

☘ Select a specially formulated sea salt or sugar scrub combined with your choice from our Fresh Herb Scrub Bar: Relax and revitalize with fresh lavender, lemongrass, rosemary, or mint. A luxurious moisturizer application is included with the 50-minute service.

Caribbean Sea Salt Glo 50 min – \$110

A blend of Italian olive oil and marine salts, infused with essential flower oils and fresh seaweed, deeply cleanses and invigorates. Healthier, younger looking skin is revealed, leaving your entire body glowing. A luxurious moisturizer application is included with the 50-minute service.

Honey & Almond Scrub 50 min – \$110

Indulge the body with pure honey, almonds and fresh buttermilk. Based upon an ancient beauty ritual, this natural cleanser is massaged into the skin, helping to purify and remove dry skin cells. A luxurious moisturizer application is included with the 50-minute service.

Anguillian Coconut Pineapple Scrub 50 min – \$110

Delicious skin-quenching coconut milk, pineapple juice and essential oils deeply cleanse, exfoliate dry skin cells and stimulate circulation. A luxurious moisturizer application is included with the 50-minute service.

Wraps

Hydroponic Cucumber & Aloe Wrap 50 min – \$120

☘ Cucumbers harvested from CuisinArt's hydroponic farm, combined with fresh aloe, are used to provide instant relief from sunburn and help restore moisture to dry, dehydrated skin. A soothing seaweed cream application completes this treatment.

Warmed Seaweed Body Wrap 50 min – \$120

This wrap, rich with antioxidants, combines brown, red and green seaweeds that tighten and tone while balancing. The body is gently wrapped while your skin soaks in essential vitamins and minerals. This treatment includes a re-energizing application of seaweed body cream.

Après Soleil Soothing Face & Body Treatment 50 min – \$155

☘ *Sunburn relief from head to toe!* – The combination of a soothing seaweed face mask and a Hydroponic Cucumber & Aloe Body Wrap, using freshly harvested cucumbers from CuisinArt's hydroponic farm, provides instant relief to skin that has been overexposed to the sun. The ultimate in hydration, skin is fully soothed, moisturized and refreshed.

HEALING WATERS

Indulge in the healing waters of the Venus Spa! The Healing Waters Pool at the Spa offers a combination of fresh water and revitalizing mineral sea salt, and for maximum therapeutic benefit, has been specially formulated to match the healing mineral properties content of the local seawater.

The physical benefits of salt water are derived from the added buoyancy, which decreases the effects of gravity, thereby decreasing the pressure exerted on the joints and facilitating ease of movement. The water is not just warmed; it is set at a temperature of 37°C (body temperature), which allows the body to completely relax without having to work at maintaining its homeostatic temperature.

Please arrive 30 minutes before treatment to allow time to shower off all creams and sunscreens. A bathing suit is required for our Healing Waters experience. Healing Waters treatments are not recommended for those who experience motion sickness.

Aqua Reflexology 50 min – \$140

For those who want to experience the warmth and calm of the water but prefer something a little different.

Healing Waters Mineral Soak 25 min – \$30

Simply relax and revitalize in our Healing Waters Pool and benefit from the therapeutic use of sea salt water and its mineral-rich content. Individual wet lounges with water jets activate circulation, promote detoxification and help to relieve tension and muscle aches. Ten minutes in the hammam prior to the Healing Waters Mineral Soak is recommended for maximum benefit in beginning the relaxation and detoxification process.

Healing Waters Sea Scrub & Soak

50 min – \$150

This deep-cleansing exfoliating treatment offers a blend of aromatic sea salt, mineral salts and essential oils that is massaged into the skin to remove impurities and dead skin cells. The Tropical Rain Vichy Shower will melt away stress and tension, stimulate circulation and leave your skin smooth and radiant. Complete this experience with the Healing Waters Mineral Soak.

Aqua Massage Therapy 50 min – \$150

This passive therapeutic treatment utilizes the low gravity provided by warmed salt water, allowing the body to regenerate. It is experienced as a sequence of effortless movements, putting you in a deep meditative state, allowing for complete body relaxation. The therapeutic movements are subtle and include a variety of techniques: massage, pressure point, passive range of motion and stretching, all translated into the medium of water.

Arguillian Water Journey 80 min – \$195

This experience begins with the Caribbean Sea Salt Glo, Tropical Rain Vichy Shower and concludes with a healing Aqua Massage in our Healing Waters Mineral Pool.

*Caribbean Thalasso Wrap & Soak** 50 min – \$145

This journey begins with a rich Warmed Seaweed Body Wrap with antioxidants, combined with seaweeds that tighten and tone the skin while allowing the absorption of essential vitamins and minerals. Complete this treatment with a relaxing Healing Waters Mineral Soak. – **We recommend a visit to the hammam prior to this treatment to prepare your skin for ultimate benefits.*



LUXURIOUS ESCAPES

Couples Rendezvous 105 min – \$480

Designed for our couples who would like to reconnect in our truly relaxing Couple's Suite.

- ✘ Anguillian Coconut Pineapple Scrub
- ✘ Couples Swiss Duet Rain Shower
- ✘ Couples Massage
- ✘ Floral Escape Soothing Bath Soak
- ✘ Finishing touch includes strawberries and a toast of champagne

Couples Tropical Sea Escape 105 min – \$480

Enjoy the ultimate spa experience in our luxurious Couple's Suite

- ✘ Anguillian Sea Salt Couples Jacuzzi
- ✘ Seaweed Wrap
- ✘ Couples Swiss Duet Rain Shower
- ✘ Warm Seashell Couples Massage
- ✘ Enjoy refreshing, tropical coconut water in the half shell

Couples Delight 80 min – \$350

Relax and refresh together with this unique Couple's Suite retreat.

- ✘ Scrub of the Day – choice of Kiwi Coconut, Mango Ginger or Lemongrass
- ✘ Couples Swiss Duet Rain Shower
- ✘ Couples Massage

Heart of the Ocean 80 min – \$190

Based on the tradition of European thalassotherapy, seaweed is used to relieve stress and invigorate sore, stiff muscles.

- ✘ Seaweed Bath
- ✘ Seaweed Wrap
- ✘ Massage

Nourishing Island Sampler 80 min – \$190

- ✘ Anguillian Coconut Pineapple Scrub (with Tropical Rain Shower)
- ✘ The Anguillian Massage
- ✘ Mini Seaweed Facial (with deep conditioning scalp treatment)

Men's Hideaway 125 min – \$290

- ✘ Caribbean Warm Stone Massage
- ✘ Gentlemen's Mini Facial
- ✘ Executive Pedicure

FITNESS

Personal Training

- One-on-One Training 25/50 min – \$55/95
- Partner Training (2 persons) 50 min – \$150
- Small Group Training (3 to 4 persons) 50 min – \$65 per person

Aqua Personal Training 50 min – \$125

Take advantage of the natural resistance of the water as you condition the muscles in the peaceful and relaxing Healing Waters Pool. The buoyancy of the salt water facilitates ease of movement and provides a stress-free workout on the joints.

Private and Group Yoga. Please contact the Venus Spa for rates and to schedule your appointment.



VENUS SALON

Cuts & Styles

Blow Dry only	\$45-65
Shampoo & Blow Dry	\$55-75
Ladies' Cut & Blow Dry	85 and up
Ladies' Cut Only	40
Shampoo & Set	65 and up
Shampoo & Hot Comb (press)	80
Gentlemen's Cut	35
Beard & Bang Trim	10
Children's Cut	35
Wedding Consultation only	25
Bridal Up Do (special occasion) Trial	100
Bridal Up Do (special occasion)	100

Hair Braiding

Full Head with Beads	200
Full Head - without Beads	150
Half Head with Beads	100
Half Head without Beads	75
Single with Bead	5
Single without Bead	3.5

Hair Treatments

Conditioning & Blow Dry	95
Conditioning (scalp massage without blow dry)	45
Relaxer	75
Relaxer with Treatment	110
Hot Oil Treatment	45
Hot Oil Treatment & Blow Dry	90

Color

Retouch	\$40 and up
Retouch with Blow Dry	100
Single Process	125
Partial Highlights (foils)	45-60
Half-Head Highlights (foils)	95
Full-Head Highlights (foils)	175

Makeup

Makeup Consultation (light application)	50
Makeup Application	100

Waxing

Chin, Lip, or Brow Arch	20
Neck	25
Nasal Hair	20
Ears	20
Underarm	25
Custom Bikini	35-150
Half Leg	50
Full Leg	75
Half Arm	35
Full Arm	45
Back	35-75
Feet (includes toes)	20
Fingers/Toes	1 per digit

Time and cost of waxing may vary based on coarseness and/or thickness of hair.

Manicure/Pedicure

Manicures

European Manicure	\$35
Sea Spa Hand Treatment	55
Mango Melt Manicure	75
Polish Change	20
French (additional)	10

Pedicures

European Pedicure	50
Sea Spa Foot Treatment	65
Piña Colada Pedicure	100
Polish Change	20
French (additional)	10

Repairs/Acrylics

Nail Repair	5
Acrylic Removal	40
Acrylic Refills Only	45
Refills with Manicure	80
Acrylic Nails - Full Set	100
French (additional)	10
Paraffin - Wax Hands or Feet	25

European Manicure

A popular basic manicure. The cuticles are softened and pushed back, and the nails are shaped, buffed and polished. The result is a well-groomed, healthy look.

Sea Spa Hand Treatment

This wonderful manicure includes the basics of the European Manicure. In addition, a rejuvenating anti-aging serum is applied, followed by a relaxing massage from fingers to elbows. A seaweed mask (a mini-facial for the hands) follows, leaving hands clean, refreshed and healthy.

Mango Melt Manicure

This ultimate manicure includes the basics of the European Manicure. In addition, a warm herbal pack is placed around the neck to soothe and relax tired muscles. Delicious Mango Sugar Scrub exfoliates, rejuvenating serum restores vitamins to the skin, and Mango Moisturizing Cream is used to massage from fingers to elbows, leaving hands soft, radiant and healthy.

European Pedicure

A basic pedicure. Cuticles are softened and pushed back, and the toenails are shaped, buffed and polished. A coarse foot file is used to remove rough, dead skin, especially on the heels. Feet are soaked and cleansed in a warm whirlpool of water, then exfoliated with sea salt, leaving skin healthy and refreshed. Hot towels relax feet prior to a luxurious foot massage.

Sea Spa Foot Treatment

A specialty pedicure that includes the basics of the European Pedicure. In addition, feet are soaked in a warm whirlpool mixture of seaweed and invigorating peppermint essential oil. A combination of Salt Glo and peppermint oil is used to exfoliate the skin. Warm towels are applied prior to a slow, deep foot massage using cream with peppermint essential oil that leaves feet feeling revived, refreshed and healthy.

Piña Colada Pedicure

This unique pedicure includes the basics of the European method. In addition, enjoy a frosty piña colada while your feet soak in a warm whirlpool of fragrant coconut milk, followed by a pineapple/coconut exfoliation up to the knee. Hot towel application precedes a relaxing warm seashell massage of the feet and legs using Coconut Moisturizing Cream. The ultimate tropical pedicure experience!

